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**MTN-029 Participant Breast Milk Collection Log**

**Breast Milk Collection**

**Note:** Place the ice packs provided to you in your freezer so they will be frozen when you need them.

During your study participation, you will be asked to pump twice each day, starting on Day 1 (i.e., the day after your Enrollment Visit) .

* On days when you do **not** have a follow-up visit at the clinic, please collect at home **TWO** breast milk samples per day (one from each pumping session).
* On days when you do have a follow-up visit, one breast milk sample will be collected at the clinic. Thus, you will only need to collect one breast milk sample at home.

When collecting each sample, please carefully follow these instructions:

1. Express milk from at least one breast until the breast is empty. If you collect milk from both breasts, it may be combined into one container. Always use a clean container to collect the sample.
2. **GENTLY** swirl the container of breast milk. **DO NOT SHAKE**.
3. Using the provided dropper, place approximately 2 mLs of breast milk into each of the 2 small tubes provided. For each collection session, you will have 2 small tubes with 2 mLs of breast milk in each tube. Any leftover breast milk can be discarded.
4. Write the **COLLECTION DATE** and **COLLECTION START TIME** on two of the provided labels. Also, record the date and time of collection in the table on the back of this page. Please be sure to write “AM” or “PM” for each recorded time.
5. Place one label on each tube (unless the clinic has already attached the labels for you).
6. Immediately place both labeled tubes toward the back of your freezer, away from the door or sides.

**Bring all tubes with you to your next study visit using the cooler and ice packs provided to you. Bring this log with you to your next study visit.** Feel free to contact study staff if you have any questions at [site to insert contact information].

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| --- | --- | --- | --- | --- | --- | --- |
|  | Collection Date (*mm/dd/yy)* | Collection Start Time  *(Specify AM or PM)* | Method of Collection  (*Check one per row*) | | | |
| 1 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 2 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 3 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 4 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 5 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 6 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 7 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 8 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 9 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 10 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 11 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 12 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 13 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 14 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 15 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 16 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 17 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |
| 18 |  |  | * hand expression | * hand pump | * personal electric pump | * hospital-grade pump |